

Join *Columbia Gorge Running Club*

Benefits to Membership

- Connect and network with other runners/walkers throughout the Gorge that have similar abilities and interests
- Sharing of knowledge and experience
- Weekly training and fun runs (camaraderie and accountability!)
- RRCA (Road Runners Club of America) affiliation
- Discount at club sponsored events
- Quarterly club meetings
- Support for a volunteer club devoted to running and walking
- Discounts at various sports stores
- Participate in CGRC Across the States

ANNUAL DUES: From January 1, through December 31
\$10-Individual, \$20-Family

Send Completed form with a check or money order payable to CGRC:
CGRC Membership
608 NW. Hot Springs Alameda Rd.
Stevenson, WA 98648
Club website: www.columbiagorgerunningclub.com
Questions? **E-mail:** cgrc@live.com

Last Name _____ First Name _____
Mailing Address _____ City _____ State _____
Zip Code _____ Phone _____
Date of Birth _____ Email _____

Club Membership Application Waiver (*Must be signed*)

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of the event organizer or official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to: falls, contact with other participants, the effects of the weather and conditions of the road and traffic on the course, all risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Columbia Gorge Running Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons and entities named in this waiver. I grant permission to all of the foregoing to use my name, likeness and identity in any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature _____

Date _____

Please list additional family members on back of paper.